

## Alumni Newsletter Winter 2017

Happy Holidays



### What's New at AU?

The [Atlantic University Shop](#) is now open for business!! Shop online for Atlantic University clothing and gear! The AU Shop offers unique and fun stuff for everyone to enjoy!

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We are thrilled to announce that the new [Atlantic University](#) website is now live!

With this new website and hosting platform, we hope to reach more people than ever before. The upgraded site will allow us to be viewed on all mobile devices and we now have better search engine optimization (SEO).

The look is streamlined and ready for any potential student to learn more about the outstanding programs Atlantic University has to offer.

Please take a moment to view the new and improved website, and be sure to share with anyone who you think would be interested in a life changing education at Atlantic

## Jennifer Lipski, Class of 2016



On the Association for Research and Enlightenment's stage, one of Atlantic University's newest graduates, Jennifer Lipski, presented her Culminating Project. In front of a crowd of faculty, alumni, students, administration, and others, Jennifer skillfully detailed her research on **Omnifluence: Motivating Evolution through Experience**.

Please take a few moments and watch your fellow graduate present the final segment of her studies at Atlantic University.



You can contact Jennifer at [jen.lipski@atlanticuniv.edu](mailto:jen.lipski@atlanticuniv.edu).  
Also, be sure to visit her websites: [Jennifer Lipski](#)  
and [The Omnifluence Project](#)

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## A Voice of Courage

Cornelia Krikke, Class of 2014

I sit now on the other side of the deepest part of grieving the loss of my husband through cancer.

Even in these dark winter months I feel new energy and new ideas forming. The feelings are small but bright, like neon whispers against midnight blue. I knew loss and grief was changing me.

I have yet to really see how much. What is this new, or refined impelling? Where do those neon whispers lead.

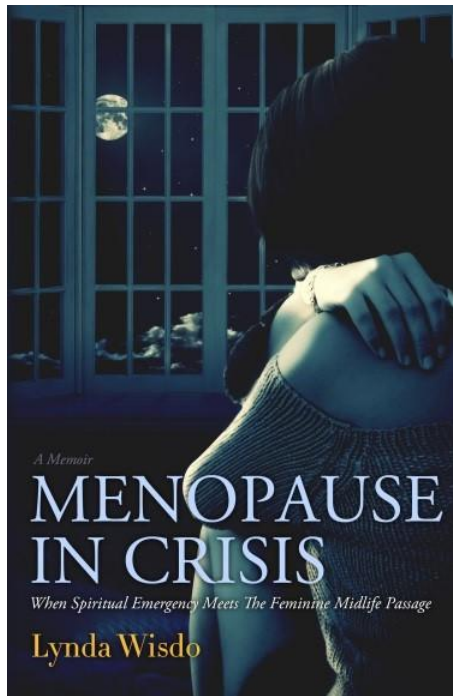
Courage to reach, create, imagine, and reveal comes from seeing the works of those I admire: Jung's Red Book, Gaudi's daring architecture, Edgar Cayce's readings. It also comes in recognizing that time is short.

I fuel the courage with my "Morning Sadhana" and follow through with clients and projects as the days unfold. And I wait and watch to see where I am going.



Visit Cornelia's website, [Transformative Practices](#), to learn more about her work.

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## A Memoir by Lynda Wisdo

Class of 2012

Lynda Wisdo is happy to announce that she has recently published a memoir/research project about her experience with a sort of "menopausal madness," childhood trauma, and spiritual emergency. It was this crisis and Lynda's efforts to gain a better understanding about what was happening to her that led her to Atlantic University and her studies toward an Master of Arts degree in Transpersonal Studies and Certificate in Spiritual Mentoring.

Lynda first wrote her memoir as the Culminating Project for her degree and has since made revisions to include more information about the insights she was able to gain during her stay in an acute care psychiatric hospital. Lynda's memoir

is titled [Menopause In Crisis-When Spiritual Emergency Meets the Feminine Midlife Passage](#) and has been self-published through [The Book Patch](#).

*(Previously published as Menopause In Crisis-The Summer I Lost My Mind under her pen name, Lynda Wyzda.)*

You can read more about Lynda, her experience with spiritual emergency, and her interest in mind/body practices on her websites: [Lynda Wisdo](#) and [Menopause in Crisis](#)

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You are invited to be a part of the *new*  
**Atlantic University Alumni  
Professional Directory!**

It's super easy! Just  
**REPLY TO THIS EMAIL**  
and include the following!!

1. your **name**  
as you'd like it to appear in the directory
2. your **business name & website**  
if applicable
3. your **degree/certificate and year**  
conferred from AUJ
4. a **pic**  
people love to put faces to names!
5. a **nifty tag line**  
about what you do (max 15 words)

Then, we'll add the info that you send to our Directory--which will be distributed through our *Alumni newsletter* and *also available to the public* so that people can find and connect with you.

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## Online Creativity and Writing Group



**Writers!** You are invited to join the Facebook group, "[Creativity and Writing Group of Current and Former AU Students.](#)"

In this group, you can share your creative goals and successes, announce your newest publications, and ask for advice about writing and publishing. This Facebook group is open to all current Atlantic University students as well as graduates.

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## Upcoming 2017 Tours

[Knights Templar & Celtic Sites of Scotland & Iona](#)

May 13 - 27, 2017

**Canadian Rockies with Sidney & Nancy Kirkpatrick**

May 27 - June 3, 2017

**John of God in Brazil with Peter Woodbury**

June 24 - July 10, 2017

**Solar Eclipse Tour to Hopkinsville with Kevin J. Todeschi**

August 18 - 23, 2017

**China & Tibet with John Van Auken**

September 12 - 26, 2017



For more information visit the [Tours and Travel](#) page.

*Did you know that...*

**Tagging is ✓ fun! ✓ easy! ✓ inclusive!**

*And when you tag us, it helps us to find you...and share your posts!*



**@AtlanticUniversity**



**@AtlanticUniversity**

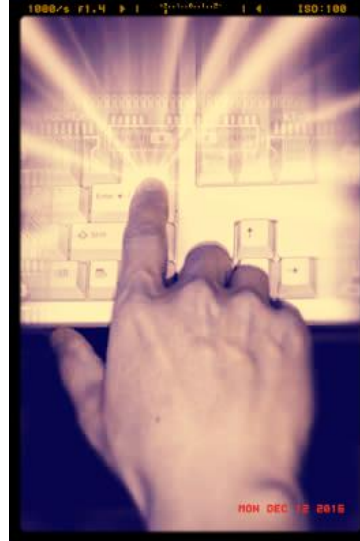
### **Alumni Giving**

Become a monthly donor today! Giving a little each month makes a big difference to Atlantic University.

Your donation will help sustain and grow Atlantic University's mission - to provide a high quality graduate-level distance education learning environment for adult learners that integrates body, mind, and spirit to help people achieve higher human potential and transform their lives, better understand their relationship to all life, and be of profound service to others.

**Learn more about how you can contribute by visiting**

***Alumni Support.***



## Do you have special news to share?

Have you opened a new business? Did you publish book? Want to write a short article? Do you have other exciting news to share? If so, please email the details and a photo to [alumni@atlanticuniv.edu](mailto:alumni@atlanticuniv.edu)

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