



# Atlantic University

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## Alumni Association Newsletter

July-September 2015

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### Greetings!

As we cruise into summer I am always reminded of my childhood in upstate New York. How the air smelled on a hot Summer night, running around barefoot, and the chill of a mountain stream on my toes. As I write this letter to you, I am anticipating another Summer trip right back up to those mountains which hold such fond memories for me. It is my pleasure for this newsletter to be my last task before I leave on a trip to connect back to my roots.

In a way, I feel as if this newsletter is a way for all of you to come back to a memorable place in your life. This past week I met up with some Atlantic University students, alumni, and faculty, and each of them had the same sentiment: Atlantic University is *home*. The university has a special place in all of their hearts, and I hope it is just as special to you.

This newsletter is highlighting something that we all feel is incredibly special, the new Master of Arts in Leadership Studies. Yes, your alma mater just launched another degree program which will teach seekers more about leadership through a transpersonal lens. Also, there are three videos of students who presented at the Convocation this past April, a great photo of an alumni with and astronaut, a new publication from an alumna, and some updates from other graduates.

Scroll down and read a little more about your home university!

Sincerely,

**Rachel Alvidrez, MS**

Assoc. VP of Enrollment Management Services  
Atlantic University



## Leadership Studies

The Master of Arts in Leadership program was meticulously designed with the intention of providing a tangible degree infused with the founding principles of Atlantic University: *mainstream study meets spiritual intelligence.*

This online program presents the intersection of three lenses of leadership study: *a global perspective, an organizational understanding, and mindful awareness.* Students in this program will have training in all of these concepts, and will also have the opportunity to take their interest many steps deeper within one of these three areas of concentration:

- **Global Leadership,**
- **Organization Leadership,**
- **and Mindful Leadership**

[LEARN MORE](#)

## Culminating Project Presentations

Students in the final stages of their graduate studies presented at the Spring Convocation, April 24, in Virginia Beach, VA. Here are three videos from this amazing gathering:



Rosemary Watts Dreyer- Dreaming:

## Differences Between Introverts and Extroverts



Amy McKay - Creative Authenticity: Art as a Transformative Practice



Mary Sandy - Spirituality and the Workplace

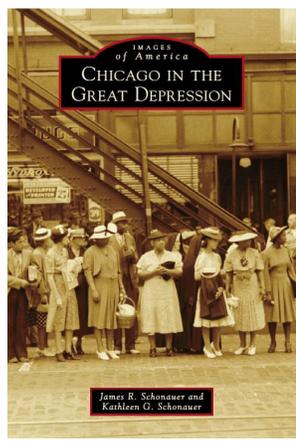
The Alumni and the Astronaut



In this photo **Neil Helm, Class of 2013**, is moderating a session at the "Breakthroughs Toward a New Consciousness" Conference held March 27-29, at the Edgar Cayce's Association for Research and Enlightenment (A.R.E.) in Virginia Beach, VA. This session used Skype for a presentation by astronaut Edgar Mitchell, (on screen) the *sixth person to walk on the Moon and founder of the Institute of Noetic Sciences*. Dr. Mitchell talked about his Moon walk, his Consciousness Epiphany, and UFOs. Helm who is now the Atlantic University Scholar in Residence made his presentation on Consciousness and Near-death Experiences earlier at the Conference.

Helm and Mitchell both were active in our nation's early space program. It was noted in the introductions that both Helm (1995) and Mitchell (2005) were nominated for the Nobel Peace Prize for their contributions to disaster mitigation (Helm) and sustainment of Planet Earth (Mitchell). Other Atlantic University current and past faculty who presented at the Conference included Loyd Auerbach, Doug Richards, Stephan Schwartz and Kevin Todeschi.

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In January of this year **Kathleen Schonauer (Class of 2012)** and her husband James published a book through Arcadia Publishing. The book is entitled [Chicago in the Great Depression](#). This book covers the arts, public events, programs, and the various neighborhoods of Chicago

during that era.

## Ordinary to Extraordinary Life

**Eileen Bild, Class of 2010**, writes about the company she started with her husband in this uplifting article. *Ordinary to Extraordinary Life* shines a light on the pathway to new doorways of opportunity for personal or business growth. [READ MORE](#)

## Support Atlantic University

Gifts and endowments support everything that happens at Atlantic University. They make it possible to keep on-line classes small and personable, to attract and retain outstanding faculty, to offer first-rate programs and resources, to innovate the curriculum, and to advance the mission of the University in so many other ways.

Charitable contributions also support the Atlantic University's scholarship program which brings an Atlantic University education within the reach of students who otherwise would not be able to afford it. When you give to Atlantic University you help someone take their spiritual path to the next degree.

[Please explore the many ways to give to Atlantic University.](#)

## Keep in Touch

We would like for the [Atlantic University Alumni Association](#) to be an interactive group where each of you can share your accomplishments, publications, business, and upcoming events.



If you have something you would like to share, please email the

details to [alumni@atlanticuniv.edu](mailto:alumni@atlanticuniv.edu). Be sure to include text, dates, links, and photos.



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