



Atlantic University

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Alumni Association Newsletter

January-March 2015

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Greetings!

I am writing to let you know about the exciting re-launch of the Atlantic University Alumni Association. As you well know, Atlantic University is a special community. For many of us, the time we spent as students at Atlantic University offered a rare opportunity to be among like-minded thinkers and teachers. Our purpose in re-launching the Alumni Association is to help continue the conversation and sharing that fed our spirits at Atlantic University.

Part of our re-launch will be in the form of a quarterly newsletter. The newsletter will have alumni updates, book reviews, poetry, and articles (750 to 1,000 words). You may wish to tell us about a new venture you've started or ways your degree from Atlantic University has helped you grow professionally or personally. For example, if you have a Spiritual Guidance Mentor Certificate, how are you using it in your work? Perhaps you've had an exceptional experience, or unusually meaningful synchronicities to share. Have you created a new website or a blog we should all check out?

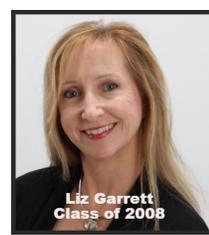
We are soliciting articles, news and updates now, plus any suggestions you may have to make the newsletter better suit your needs. We look forward to hearing from you!

Please email any news, updates, and suggestions to: alumni@atlanticuniv.edu

Sincerely,
Amy Haible
Class of 2014
Alumni Coordinator

Graduate Highlight

Liz Garrett has a B.S. in Biology from CNU and a M.A. in Transpersonal Studies from Atlantic University. Liz is a wellness coach, clinical aromatherapist, educator and speaker. She is owner of Essential Wellness Coaching, Inc. Liz provides private sessions combining aromatherapy and holistic wellness principles to support better health and happiness; works one-on-one with professionals seeking objective, confidential, individualized support toward personal and professional goals; teaches workshops to small groups engaged in real change; and delivers thought-provoking, change-inducing presentations at luncheons, seminars and conferences.



www.Essential-Wellness-Coaching.com

Liz will be teaching an Aromatherapy series for the Cayce/Reilly School of Massage:

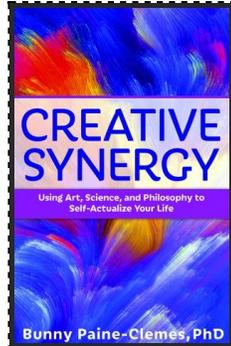
Therapeutic Aromatherapy 1

January 9-11 and April 24-26, 2015

Friday 5 - 9 pm: Saturday and Sunday 9 am - 5pm

For more information on this class, visit the [Cayce/Reilly School of Massage](#) continuing education website.

Book Highlight



Creative Synergy: Using Art, Science & Philosophy to Self-Actualize Your Life

by Bunny Paine-Clemes, PhD
Atlantic University Faculty

Available through the [ARECatalog.com](#)

Keep in Touch

We would like for the Atlantic University Alumni Association to be an interactive group where each of you can share your accomplishments, publications, business, and upcoming events.



If you have something you would like to share, please email the details to alumni@atlanticuniv.edu. Be sure to include text, dates, links, and photos.



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