

Alumni Newsletter

Summer 2016

Cross Country Adventure

Allison Carlson, Class of 2011



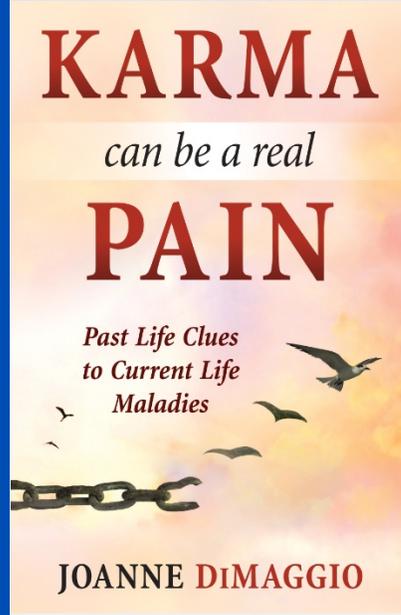
In a 30-foot motorhome, Allison Carlson, her husband Larry, and son Nicholas are traveling the United States. At this time, they are eight months into a one year exploration of America. Their trip began in Virginia, and they have made it as far north as Cape Breton, Nova Scotia, as far southeast as Bradenton, FL, and as far southwest as Los Angeles. This next leg of the trip will bring them through Bend, Oregon.

As part of their expedition, Allison and her family have hiked in Mother Nature's most beautiful spots and racked up about 1500 miles. In her letter to Atlantic University, Allison wrote, "This is a trip of a lifetime and a truly special learning experience for all of us. Connecting with Mother Nature heals the soul. I'm living proof of that. I realize this is not a new business venture where I'm 'utilizing' my AU degree, but it is an adventure that has helped me culminate all the wonderful teachings I received while I was a student at [Atlantic University]."

Exploring Physical Karma

Joanne DiMaggio, Class of 2010

Are physical and mental illnesses the result of karma acquired in a past life, and if so, does uncovering that lifetime lead to healing? According to the yearlong research project conducted by author, past-



life specialist and AU Alum, Joanne DiMaggio, the answer is yes! Joanne put out a call for volunteers suffering from a chronic condition and in response, 50 participants, ranging in age from 34 to 74, took part in her project. Their complaints ranged from arthritis to diabetes; joint and limb pain; head trauma; weight and digestive troubles; sexual dysfunction; skin conditions; liver and kidney issues; drug and alcohol abuse; and mental illness. Employing past-life regression and augmenting the session with soul writing, i.e. writing in an altered state of consciousness, the project sought to find the buried past-life story behind the present-day malady.

Karma Can Be a Real Pain: Past Life Clues to Present Day Maladies, explores the experiences of 23 of those volunteers, sharing the details of the

regression, the transcript of the soul-writing session, and the results of the follow-up interview to determine whether the session resulted in the condition being healed, improved, or remained the same.

Karma Can Be a Real Pain is being published by Rainbow Ridge Books and will be available in September 2016. For more information, visit www.joannedimaggio.com or email Joanne at joanne@joannedimaggio.com.

Regression Hypnotist and Spiritual Mentor

John DiGiacomo, Class of 2011



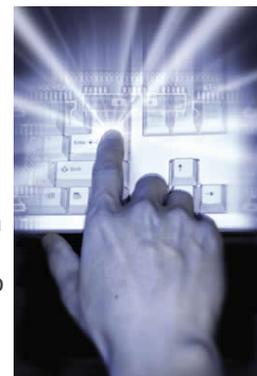
[John DiGiacomo](#) is working as a Spiritual Mentor in the Philadelphia area. Along with his MA in Transpersonal Studies, John also received a certificate in Integrated Imagery: Regression Hypnosis. Using the knowledge obtained through his degree and hypnosis certificate, John helps others identify their soul purpose, and works with each individual to find their true life's mission. Along with

regression hypnosis, John also incorporates aura and energy readings into his practice. By serving others, John feels as if he, too, is able to grow and evolve. To learn more about John and his practice, view his [profile](#), or email him at johndigi30@yahoo.com.

Alumni Giving Club

Become a monthly donor today! Join the Atlantic University Alumni Giving Club. Giving a little each month makes a big difference to Atlantic University.

Your donation will help sustain and grow Atlantic University's mission - to provide a high quality graduate-level distance education learning environment for adult learners that integrates body, mind, and spirit to help people achieve higher human potential and transform their lives, better understand their relationship to all life, and be of profound service to others.



Three Little Cards: A Political Fable

Katy Kane, Class of 2016



Katy Kane penned a fascinating children's book/political fable, *Three Little Cards*, for her [Culminating Project](#) (seen in the video below). The premise of this book was inspired by a dream Katy had one evening about a very animated and opinionated deck of cards. After completing her project, Katy wondered if this book should be published and who would publish it.

Searching for answers, Katy enrolled in the [Integrated Imagery: Regression Hypnosis Graduate Certificate](#) Program at AU. While attending the residency in Virginia Beach, Katy underwent hypnosis for the first time. In this session she was prompted to open a door to reveal the knowledge she was seeking. The knowledge requested was whether or not to proceed with publishing her book! [Read more](#) about the poetic version of Katy's hypnosis session experience and see if she received an answer to

her burning question.



Edgar Cayce Discourses

Elyse Curtis, PhD, Class of 1992

As the founder/director of Science of Light Transpersonal Ministries in New York City, Elyse Curtis, PhD, combines her areas of interest in the presentation of sacred theatre, workshops, and ritual. Her work is geared toward enlightenment and expansion of consciousness. Dr. Curtis has authored 23 books including the *Who Was Who* based on the Edgar Cayce Discourses, which has been the source book for many professional writings.



In her newest book, Dr. Curtis examines how sex changes in various incarnations throughout the historic eras are imprinted on the soul memory. An examination of this topic reveals why traits of one gender can be overpowering emotionally while in the body of the opposite physical gender. *Who Was Who: Sex Changes* is available from [Amazon](#), and as an eBook from [Kindle](#). To learn more about Dr. Curtis and her other publications, visit www.solministry.com.

Do you have special news to share?

Have you opened a new business? Did you publish book? Want to write a short article? Do you have other exciting news to share? If so, please email the details and a photo to alumni@atlanticuniv.edu

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