



ATLANTIC
UNIVERSITY

Alumni Newsletter
October - December 2018



Onward and Upward: A New Practice for Laura Z. Clavio

Atlantic University alumna Laura Z. Clavio has announced that she is accepting clients for general hypnosis, past-life regression hypnosis and guided imagery sessions. She will begin practice with a temporary office at the [Center for Wholism](#) in Bloomington, Indiana.

Additionally, Laura hopes to add classes on meditation, discussion groups on psychically gifted children, and other metaphysical topics.

Laura graduated from Atlantic University in 2017 receiving an M.A. in Transpersonal Psychology, with a concentration in Creativity. Her Culminating Project topic was *A Parenting Workbook for the Twenty-First Century with Guidance from the Edgar Cayce Readings*. Since graduating, Laura has completed training as a Consulting Hypnotist with mentor Deborah Smith and the National Guild of Hypnosis. She has also been certified by Edgar Cayce's A.R.E. as a Meditation Instructor, which is a method based on the readings of Edgar Cayce and the research of John Van Auken, Executive Director of the Edgar Cayce Foundation.

You can contact Laura through email at lauraclavio@gmail.com.

Shenandoah Art by Ann Aiken, Class of 2010

It all began when I was young. I naturally loved to draw and paint, and I especially enjoyed painting people that I knew. By the time I was in high school, I had drawn or painted



everyone in my family, many good friends, and their pets!

It was obvious to me that I should major in art in college, so that's what I did. I loved every second of it! I've been a professional artist since graduating college, and have done many types of art from painting and fine art to set design and graphic design. It's been a fun journey and I'm so thankful I can use my talent to capture people's loved ones and

memories through my paintings!

See more are of Ann's art work on [Instagram](#) and [Etsy](#).

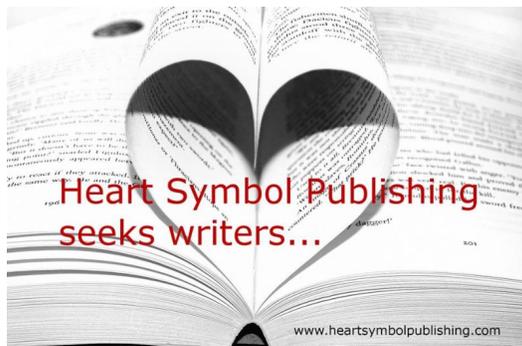
AmazonSmile Donates to Atlantic University

Did you know that [AmazonSmile](#) will donate a portion of their sales to a charity of your choice? How about choose Atlantic University as your charity and the next time you shop Amazon will make a donation!



To learn more about how to set up your account to donate to AU, read this article from Water of Life:

<https://www.givefreshwater.org/how-to-use-amazon-smile/>



Writers WANTED!!

Heart Symbol Publishing Company (which Kathy Shimpock, SGMT 2012, is a co-founder) is seeking authors, poets and artists for its first book!

Imagine for one moment, that you could meet with someone who has a very different world view than you. This might be someone who does not see you as equal due to your race, gender, ethnicity, sexuality, religion or citizenship. How might you share your story in a way to build compassion and understanding? In a way that could potentially build a bridge to unity? This work, tentatively titled "Tea with the "Other," will be a compilation of heartfelt and empowered personal stories.

All profits from the sale of the book will go to a nonprofit, which will be selected jointly by those contributing to the work.

Click [HERE](#) for more information on the project. You can also contact Kathy Shimpock at kshimpock@heartsymbolpublishing.com for more information. Connect with [Heart Symbol Publishing](#) on Facebook.

In Your Area



Not everything happens in Virginia Beach! Want to know what is going on in your area? Check out the [A.R.E. Events Page](#) to see what's happening close to you.

Online Creativity and Writing Group



Writers! You are invited to join the Facebook group, "[Creativity and Writing Group of Current and Former AU Students](#)."

In this group, you can share your creative goals and successes, announce your newest publications, and ask for advice about writing and publishing. This Facebook group is open to all current Atlantic University students as well as graduates.

Atlantic University Alumni Group



The Atlantic University Alumni group is your connection to AU after you graduate. There are no dues - you are automatically a member. Use this page to keep your fellow alumni informed about events, relevant news, and Atlantic University events near you. Feel free to invite other alumni to this group. Click [here](#) to join.

AU Merchandise



The [Atlantic University Shop](#) is now open for business!! Shop online for Atlantic University clothing and gear! The AU Shop offers unique and fun stuff for everyone to enjoy!

Be sure to tag AU while wearing your new gear!

Professional Directory

The [Alumni Professional Directory](#) now is posted on the Atlantic University website.

Would you like to be included in the Professional Directory* or have an update to your existing listing? This free & easy benefit for our graduates is a great way to get connected! Send your information by email to: info@AtlanticUniv.edu.

***Please include the following:** 1/ your name as you would like it to appear, 2/ your degree/certificate and year conferred, 4/ your business name, 5/ your website URL, 6/ your state (or country, if outside US), 7/ a 10-15 word tagline about your work or mission, 8/ a profile picture.

Alumni Giving

Become a monthly donor today! Giving a little each month makes a big difference to Atlantic University.

Your donation will help sustain and grow Atlantic University's mission - to provide a high quality graduate-level distance education learning environment for adult learners that integrates body, mind, and spirit to help people achieve higher human potential and transform their lives, better understand their relationship to all life, and be of profound service to others.



Learn more about how you can contribute by visiting
[Alumni Support](#).

Do you have special news to share?

Have you opened a new business? Did you publish book? Want to write a short article? Do you have other exciting news to share? If so, please email the details and a photo to alumni@atlanticuniv.edu

Alumni@AtlanticUniv.edu | 800-428-1512

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