



Alumni Newsletter July - September 2017

Summer Speaking Engagements with Joanne DiMaggio, 2010

Joanne DiMaggio will present a half-day workshop on "Karma Can Be a Real Pain: Past Life Clues to Current Life Maladies" for the A.R.E. Chicago team on Saturday, July 22. The workshop is from 1-4 at the Edgar Cayce Holistic Center and Bookstore, 259 E. Central Rd. in Des Plaines, IL (Unity of Des Plaines.) While in the Chicago area, Joanne is staying over to do private past-life and life-between-life regression sessions from July 23-26 in Elk Grove Village.

For workshop information, contact the A.R.E. Chicago team at 847-299-6535. For a regression appointment, contact Cynthia George at cyphi100@comcast.net.



Joanne DiMaggio, M.A.

On Saturday, August 12, Joanne will be leading a full-day workshop on: "[Soul Writing: Conversing with Your Higher Self](#)" at A.R.E. headquarters in Virginia Beach. Registration information is on the edgarcayce.org website under "events" at headquarters.

Then on Saturday, August 26, Joanne will be doing a full-day program on "[Exploring Your Soul's Journey Through Soul Writing and Past-Life Regression](#)" at the Lodge at DeGray Lake Resort State Park in Bismark, AR. Information is on the A.R.E. website. Contact Marlene Duet at 985-893-9025.



Sand Tray: A Pioneering Approach to Self-Awareness and Spiritual Growth

By Michele Tryon, MA Transpersonal Studies 2008

As a child life specialist I've been trained in traditional play therapy and recently took a training at Old Dominion University in Norfolk, Virginia on using sandtray methods for therapy sessions. I am not a traditional therapist and my mind wandered to the use of sandtray as a modality for supporting spiritual growth and transformation. I took the course, Becoming a

Teacher of Dream Work at Atlantic University many years ago and we used the text created by the A.R.E. dream course committee: Harmon Bro, June Bro, Carol Bush, Marilyn Peterson, Henry Reed, and Mark Thurston. We learned the five step approach to dream interpretation: feelings, themes, symbols, preliminary interpretation and application. This process has served me well over the years, as a guide for listening to my unconscious and how it speaks to me in dream symbols and themes. I have gained insight and direction from my own higher self and often provided guidance and a clearing for others to discover the rich offerings and messages shared by their own unconscious while they were dreaming. Always with my ideal in mind and the idea of practical application in the waking world this worked for me. As I learned more about and experienced the sandtray process the potential connection between sandtray and dream work (especially the Jungian application) rose up in me! I've also had the pleasure of working extensively with Mark Thurston, Mary Elizabeth Lynch and Wendy Rains at the Personal Transformation and Courage Institute (PTCI), and completed their year-long course on energy awareness in 2013. All of this knowledge and experience came together as I sat in my class at the university. My pioneering approach to self-awareness and spiritual growth was born!

My pioneering approach to self-awareness and spiritual growth is a combination of Sandtray Interpretation and Energy Awareness. Carl Jung said, "Often the hands know how to solve a riddle with which the intellect has wrestled in vain." Sandtray work is an expressive and projective process in which the seeker creates a visual or picture in the tray using miniatures, figurines and nature as symbols. The worlds created and the symbols used in the sacred and protected space of the tray become a bridge between a seeker's inner and outer world. One of the principles of PTCI is, "Non-judgmental awareness itself does the healing." Simply bringing our unconscious patterns to the light of day can be transformational. As I explored, I discovered 4 distinct steps to the process: inquiry, meditation/creation, self-reflection, and energy awareness. I began my "research" by doing my own work, and have begun to facilitate the process for others by providing the sandtray modality, helping to clarify the inquiry, being present as a witness during the creation, and allowing time for self-reflection and insights to bubble up. A welcome finding was my intuitive sense of knowing where my own or my fellow seekers energy was flowing, leaking or stuck, and sensing the slight adjustments, tweaks or additions to the visual in the tray that could bring about transformational change and a deeper awareness of the answer to the original inquiry.

Ultimately, this pioneering approach has led me to greater self-awareness and vitality, and inspired me to live life with grace. I'd love to have you join me.

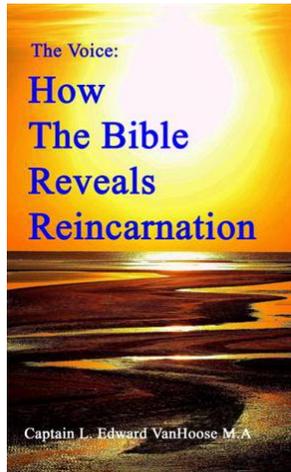
Michele Tryon, CCLS is a certified child life specialist and a graduate of Atlantic University's MA program in transpersonal studies (2008). She has studied extensively with The Personal Transformation and Courage Institute where she completed a year-

long training in energy awareness.

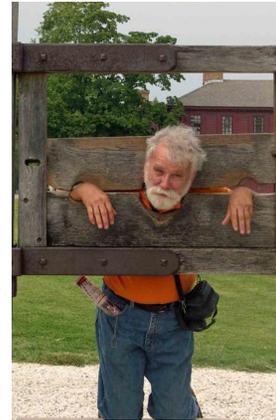
Contact Michele@micheletryon.net or 757-705-9284, you can also visit her website www.micheletryon.net

The Adventures of Cap'n Larry

As always, I've been busy - walking the talk, here and there - and otherwise leading a life of creativity in speaking, writing, and transpersonal photography.



My first book, based upon the Atlantic University Culminating Project, *The Voice: How the Bible Reveals Reincarnation*, is still in print, though it hasn't made anyone's best seller list. ARE's Judith Stevens, Prison Program Manager, has informed me that my book is making a big hit among the inmates in her "Over the Wall" outreach of Cayce-based information to the prison population.



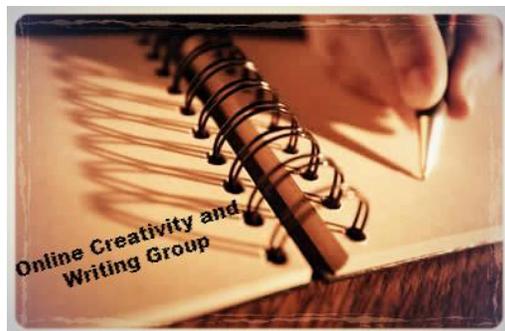
I have recently done some traveling to New Orleans, the Virgin Islands, sunny Florida, and Venice, Italy. I had the privilege of sailing aboard the maiden voyage of a Princess Cruise ship across the Atlantic Ocean from the Italian coast to lovely downtown Ft. Lauderdale, FL. Happily, my Captain's credentials got me aboard the bridge of the cruise ship, where I had the pleasure of meeting the "head honcho."



Most recently, Lisette, my beloved sailboat home has been put to work as a racer, and while we haven't won much as yet, a new sail and an enthusiastic metaphysical savvy crew named "The Geezer Group" will see a trophy picture here next year.

Captain Larry, MA in Transpersonal Studies, 1992, has two new websites: www.reincarnationworld.com and www.capnlarrybooks.photos

Online Creativity and Writing Group



Writers! You are invited to join the Facebook group, "[Creativity and Writing Group of Current and Former AU Students](#)."

In this group, you can share your creative goals and successes, announce your newest publications, and ask for advice about writing and publishing. This Facebook group is open to all current Atlantic University students as well as graduates.

Upcoming 2017 Tours

[Solar Eclipse Tour to Hopkinsville with Kevin J. Todeschi](#)

August 18 - 23, 2017

China & Tibet with John Van

Auken

September 12 - 26, 2017

For more information visit
the [Tours and Travel](#) page.



AU Merchandise



The [Atlantic University Shop](#) is now open for business!! Shop online for Atlantic University clothing and gear! The AU Shop offers unique and fun stuff for everyone to enjoy!

Be sure to tag AU while wearing your new gear!
#AtlanticUniversity @AtlanticUniversity

With the help of alumna Jennifer Lipski, the newly created [Alumni Professional Directory](#) now is posted on the Atlantic University.

Would you like to be included in the Professional Directory* or have an update to your existing listing? This free & easy benefit for our graduates is a great way to get connected! Send your information by email to: Jen.Lipski@AtlanticUniv.edu

***Please include the following:** 1/ your name as you would like it to appear, 2/ your degree/certificate and year conferred, 4/ your business name, 5/ your website URL, 6/ your state (or country, if outside US), 7/ a 10-15 word tagline about your work or mission, 8/ a profile picture.

Alumni Giving

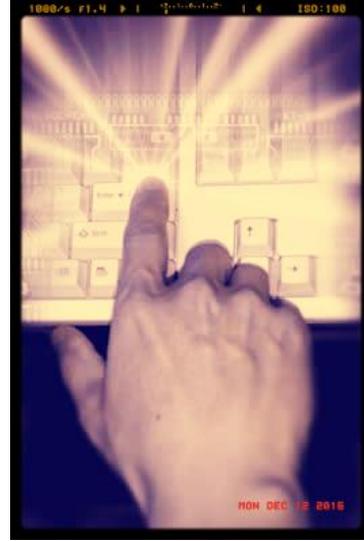
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